

## Spiritual Apprentice Book Club Homework – Week 5

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- 1) What is Spiritual Power?
- 2) Do you have a sense of your own Spiritual Power? Describe how you embody it.
- 3) Along your path of Spiritual Growth, have you ever experienced a nervous breakdown, or 'dark night of the soul'? Describe.
- 4) Did you ever live in a neighborhood where you feared for your safety? What means did you employ to feel safe by?
- 5) Think about the various 'versions of self' you have been. Have you been married before? Who were you in marriage #1, 2, or 3? Were there different versions of yourself with different romantic partners? ->

Have you experienced versions of self through varying changes of weight/hair color? What different identities have you taken on in life? How did these 'versions of self' interface with your environment at the time? -> In which version did you learn the most about yourself thus far in life?