

REIKI & MEDITATION

Workshop with Master Reiki Teacher Tuesday May Thomas

Saturday July 1st, 2-5pm \$50

*Earlybird Sign Up Special \$45 or Pay on the Day

@ **Go With the Flow Yoga** 72205 Painters Path, Palm Desert, CA 92260

To Pre-Register Email Tuesday at
info@TuesdayMayThomas.com



Participants will learn Self-Healing Practices for
Stress Reduction ~Self-Care ~Depression ~Pain Relief ~Energy Balance

Your afternoon will include:

Sage and Drum Invocation * Talking Circle * Reiki Lecture
Crystal Bowl Guided Meditation * Experiential Application of Self-
Healing Practices * A Mini Reiki Session by Tuesday

Visit my Website- www.TuesdayMayThomas.com



Tuesday May Thomas believes we all have healing medicine in our hands. She has been an active Reiki Master Practitioner and Teacher since 2001. She studied and became certified under a three-year apprenticeship in New York and has implemented Reiki in hospitals, hospice, rehab and nursing home communities ever since. Tuesday facilitated professional presentations on Reiki at the *6th International Conference on Aging and Spirituality* in Los Angeles 2015. She works with private clients of all ages and special needs abilities. *"Reiki creates the correct conditions for love to flourish. Where love is welcome, mind, body and emotions heal."* – Tuesday